



MGM Institute of Physiotherapy
Chhatrapati Sambhaji Nagar | Affiliated to MUHS

Dr Kapil Garg (MPT)

1. Basic Information

- Designation: Associate Professor
- Department: Musculoskeletal physiotherapy
- Institutional Email ID: kapilgarg@mgmiop.edu.in
- Official Contact Number: +91-9027612715

2. Educational Qualifications

Degree	Institution	University	Year of Completion	Specialization
PhD	MGM Institute of Health Sciences Navi Mumbai	MGM Institute of Health Sciences Navi Mumbai	Ongoing	-
MPT	Dolphin PG Institute of Biomedical and Natural Sciences	Hemvati Nandan Bahuguna Garhwal University (HNBGU), Srinagar	2014	Musculoskeletal Physiotherapy
BPT	Dolphin PG Institute of Biomedical and Natural Sciences	Hemvati Nandan Bahuguna Garhwal University (HNBGU), Srinagar	2011	-

3. Academic/Teaching Experience

- Total Teaching Experience (in years): 10 years
- UG Teaching: 10
- PG Teaching: 10

4. Areas of Interest / Expertise

- Clinical and Research Interests: Low back pain Rehabilitation, Biomechanical Rehabilitation, Manual Therapy and Dry Needling
- Subjects Taught: Musculoskeletal Physiotherapy, Functional Diagnosis and Physiotherapeutic Skills, Kinesiology, Advances in Physiotherapy, Applied Basic Sciences



MGM Institute of Physiotherapy

Chhatrapati Sambhaji Nagar | Affiliated to MUHS

5. Research and Publications

- Total No. of Research Papers Published in Indexed Journals (Scopus/Web of Science only): 16
- Books / Book Chapters Published: 0
- Ongoing Research Projects (UG and PG): 05
- Citations: 18
- h-index: 03

6. Awards and Recognitions

Nil

7. Professional Memberships

- Life Member (L43881), Indian Association of Physiotherapists (IAP)
- Member, Maharashtra State Council For Occupational Therapy & Physiotherapy

8. Administrative and Academic Responsibilities

Responsibility	Role (Member / Chairperson)	Duration
IQAC Committee	Member	June 2024 – Present
College Curriculum Committee	Member Secretary	June 2024 – Present

9. Professional Profile Links

- ORCID: <https://orcid.org/0000-0003-2133-5777>
- Research Gate ID: https://www.researchgate.net/profile/Kapil-Garg-1?ev=hdr_xprf